**The Establish Book Session 1 Notes**

**ESTABLISH:** The Purple Book For Teens

So you wanna grow? Well, you’ve stumbled across an Encounter Youth resource that is designed to help you deepen your walk with Jesus as you continue on your discipleship journey. In the stories we have written you will meet teenagers who face the same kind of challenges that you do and you will explore seven practises that will help you grow spiritually. The practises are:

1. Making Jesus Lord

2. Having Daily Devotions

3. Practising God’s Presence

4. Living by Faith

5. Handling Money Wisely

6. Becoming a Disciplemaker

7. Developing Spiritual Family

This week is all about Making Jeus Lord.

Sharing: (1) Who has made the biggest influence on your life? (2) How did they influence you?

Read: Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations.” (Matthew 28:18-19)

Reflect: (1) How much authority has God given Jesus? (2) Where does Jesus have authority?(3) Does Jesus have authority over: The Police? Presidents? Satan? Angels?

Read: “God exalted him to the highest place and gave him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.“ (Philippians 2:9-11)

Reflect: (1) Who exalted Jesus? (Verse 9). (2) What did God give Jesus (Verse 9). (3) Who will one day bow before Jesus? (Verse 10). (4) What will every tongue confess? (verse 11)

Read: “For by him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things were created by him and for him. He is before all things, and in him all things hold together. And he is the head of the body, the church; he is the beginning and the firstborn from among the dead, so that in everything he might have the supremacy.” (Colossians 1:16-18)

Reflect: (1) What did Jesus create? (2) What holds together in Jesus?

You have probably heard a kid say: **“You are not the boss of me!’**

Well, Lordship is letting Jesus be the boss of me!

These cars have something in common…

Very special rims! O-Z Michelangelo rims.

Our lives have spokes like the rim - different parts that need to be held together!

We need to put Jesus at the center of our lives!

Lordship is making Jesus the centre of my life

Do you know how to catch a monkey? (1) Make a hole in the ground the size of a small hand. (2) Fill the hole with treats and wait for a monkey to arrive. (3) Watch the monkey grab the bait and refuse to let go!

What do you need to let go of? Clothes. Thoughts. Use of free time. Use of money. Plans for the future. Possessions. Time. TV viewing. Food you eat. What you read. Choice of friends. ???

Lordship is a voluntary act

Salvation is a one time thing! Lordship is a daily thing!"If anyone would come after me, he must deny himself and take up his cross daily and follow me.” (Luke 9:23)

Prayer

Next Week we will look at the second practise: Having Daily Devotions.