PLEDGING

PURITY



How can young people keep their lives pure? By obeying God's commands. (Psalm 119:9)

To be Pure, what do you need to: (1) Stop Doing? (2) Start Doing?



As you look into the mirror and see your reflection, remember that God made you special and that He has called you to be pure. Say to yourself: "I am going to be pure for God!"



Pray this prayer silently: "Lord, I want to be clean on the inside. Wash me and make me whiter than snow. Please forgive me for the things that I have done with my body. I want to live for You. I decide today to use my body for Your glory. I will not give myself away, but only to You. Amen"



As a sign that you have pledged to live a pure life - drip your hands in the water and dry them off to symbolise your commitment.

SETTING Boundaries









God wants you to live a pure life. Keep yourselves from sexual sin. (1 Thessalonians 4:3)

Draw or write one thing on the road to your wedding day that you must avoid to live a pure life.



Prayer: Ask God to help you set boundaries so you can live pure until you get married.

OVERCOMING

HURT5



1. When you get a cut and forget to put something on it, it gets worse and goes septic. After a while the cut gets infected and needs attention. If you carry on ignoring it, it may get so bad that gangrene can set in and you need to get it amputated.



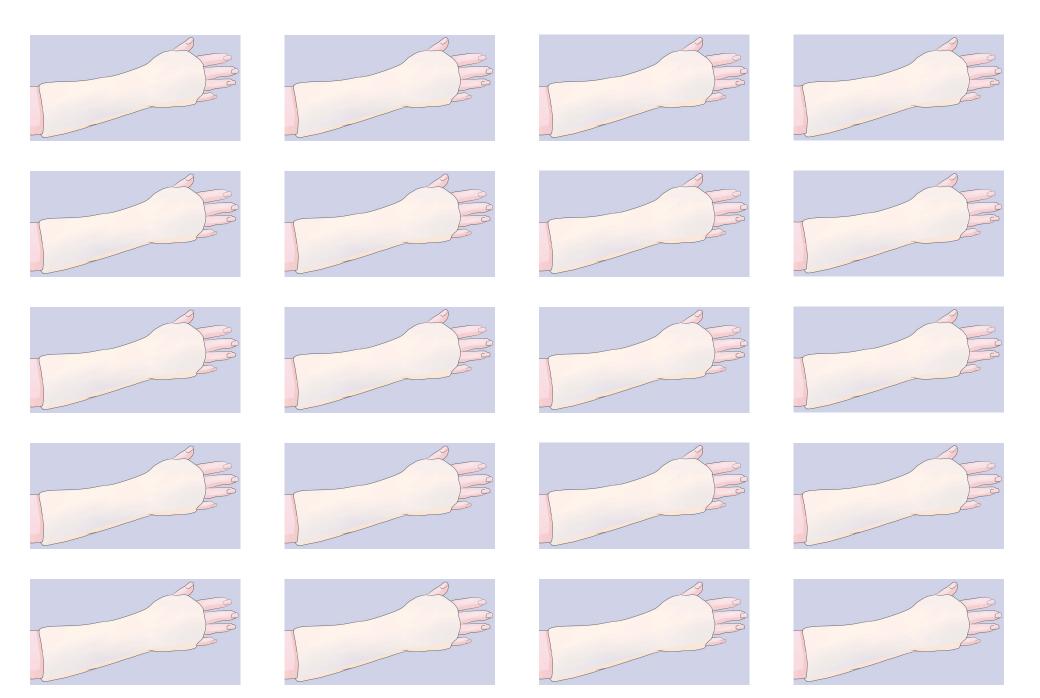
 Think of a time you felt angry, depressed, sad, lonely or hurt?
Remind yourself that these feelings were caused by an emotional wound.

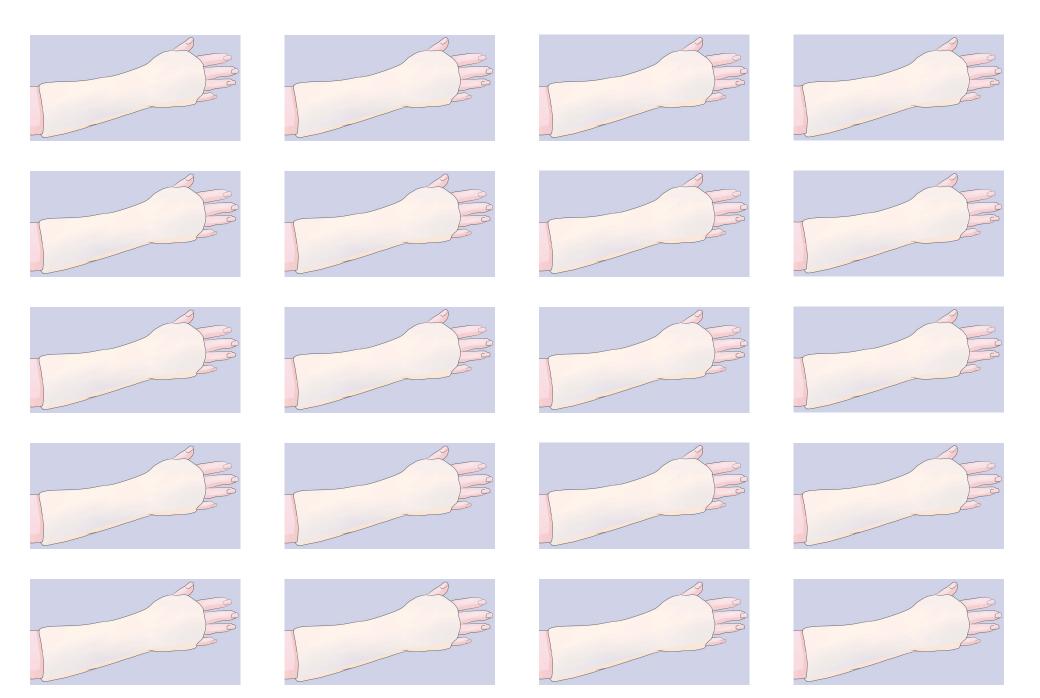


3. Take a plaster, a bandage or a leg caste to represent some of the specific hurts you have received. Write the hurt on the back of the paper and give it to Jesus to heal by throwing it in the bin and asking Jesus to heal the hurt.









CUTTING SOUL-TIES



1. A man leaves father and mother, and in marriage he becomes one flesh with a woman - no longer two individuals, but forming a new unity. (Mark 10:7)

When we have sex with someone, a soultie is created - you become one with that person through the act of sex.



2. If you have had sex with someone before marriage then confess that it was wrong and repent of what you've done.



3. Cancel any promises you made with a person of the opposite sex - like to be together for the rest of your lives, etc.



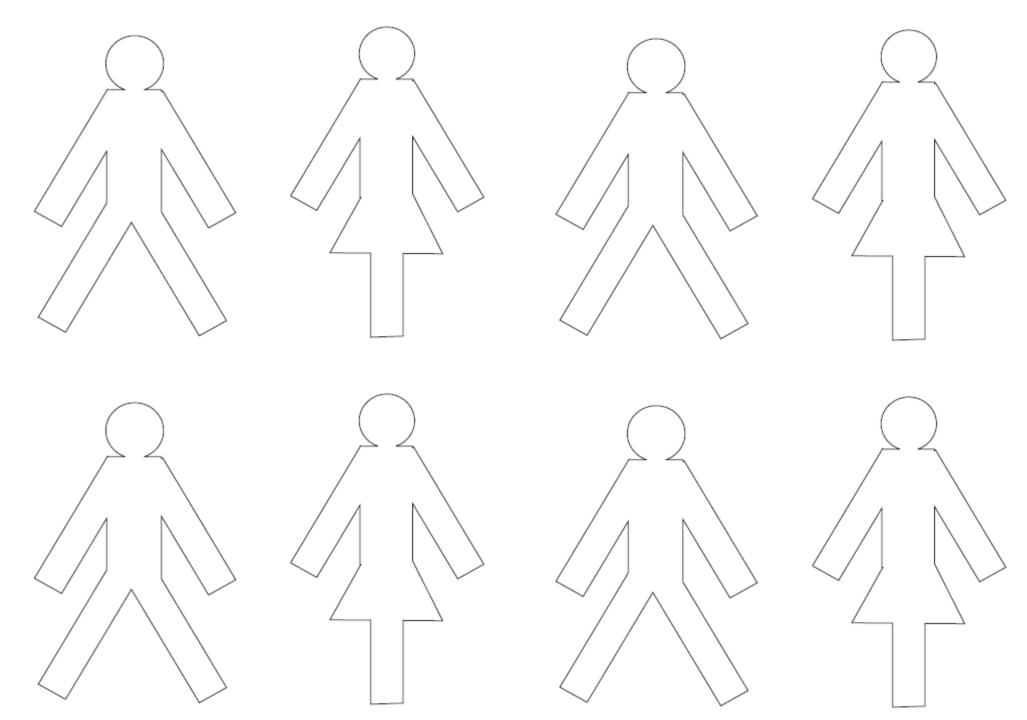
4. Say this Prayer: Lord I confess and repent of the ungodly soul ties formed by sleeping with and I cut them in the name of Jesus.

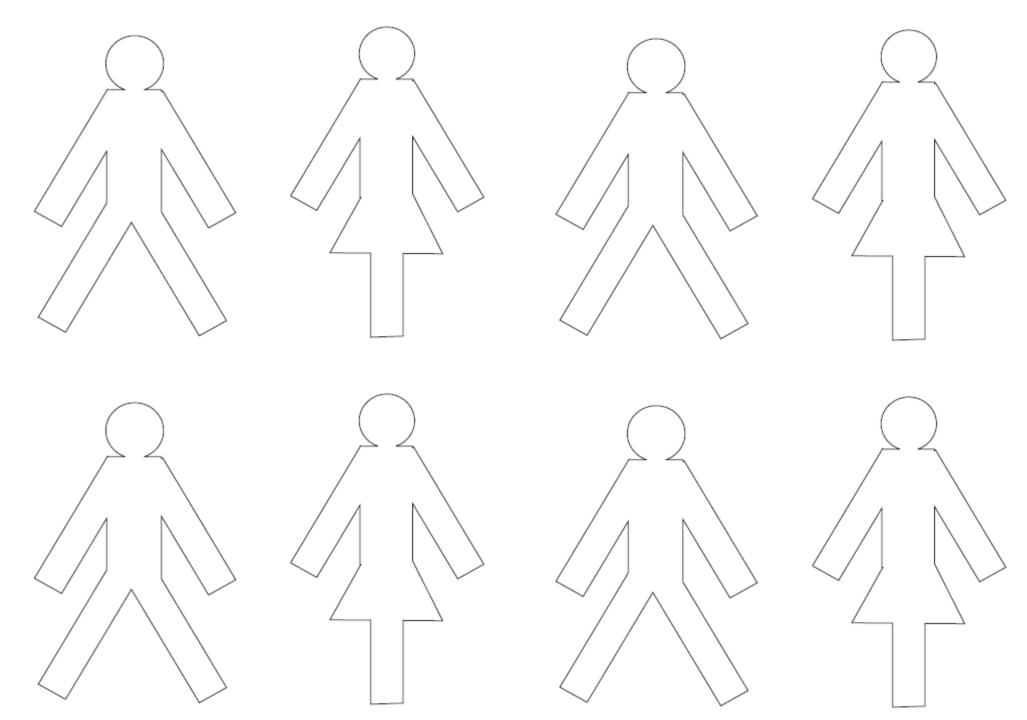


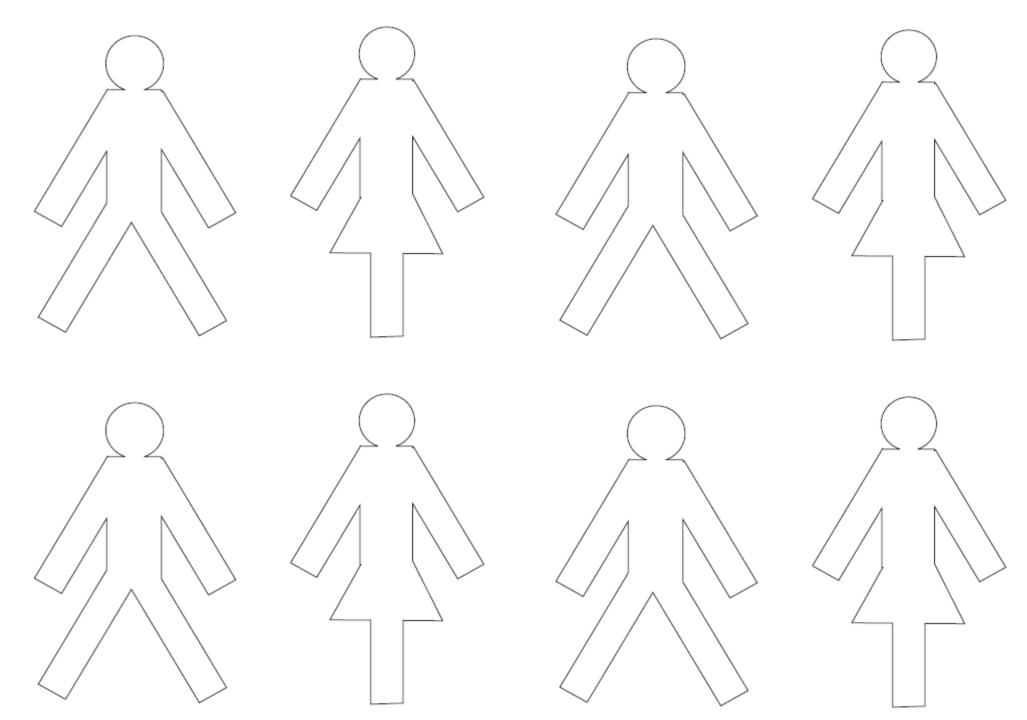
5. Cut the rope of one of the people hanging from the strings to symbolise the cutting of a soul tie and bless the person as you do it.

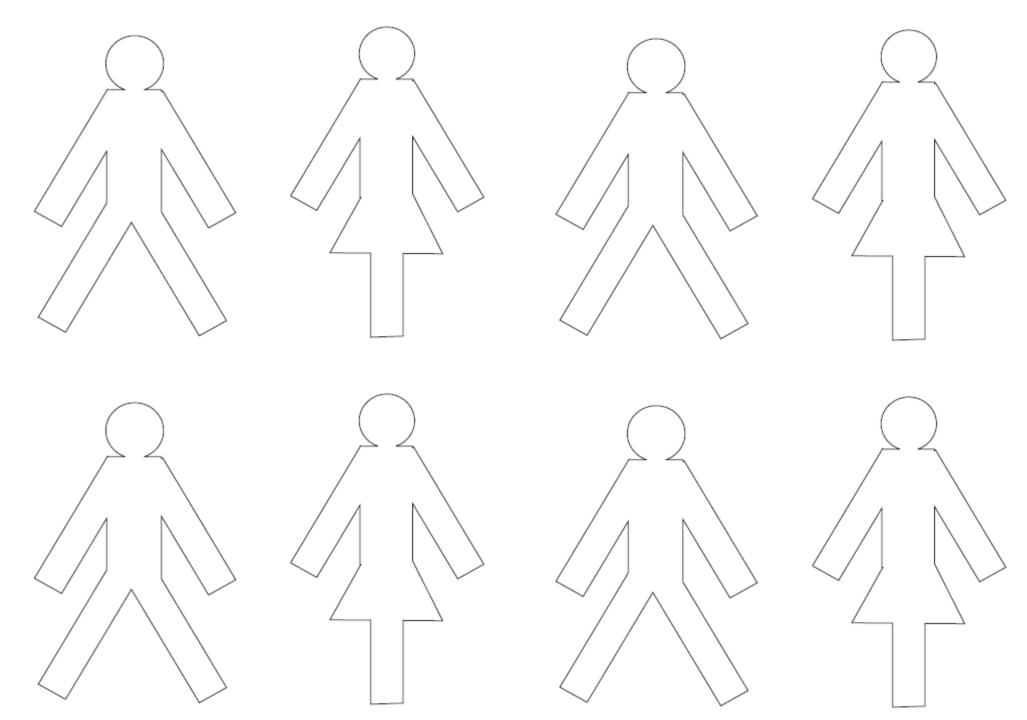


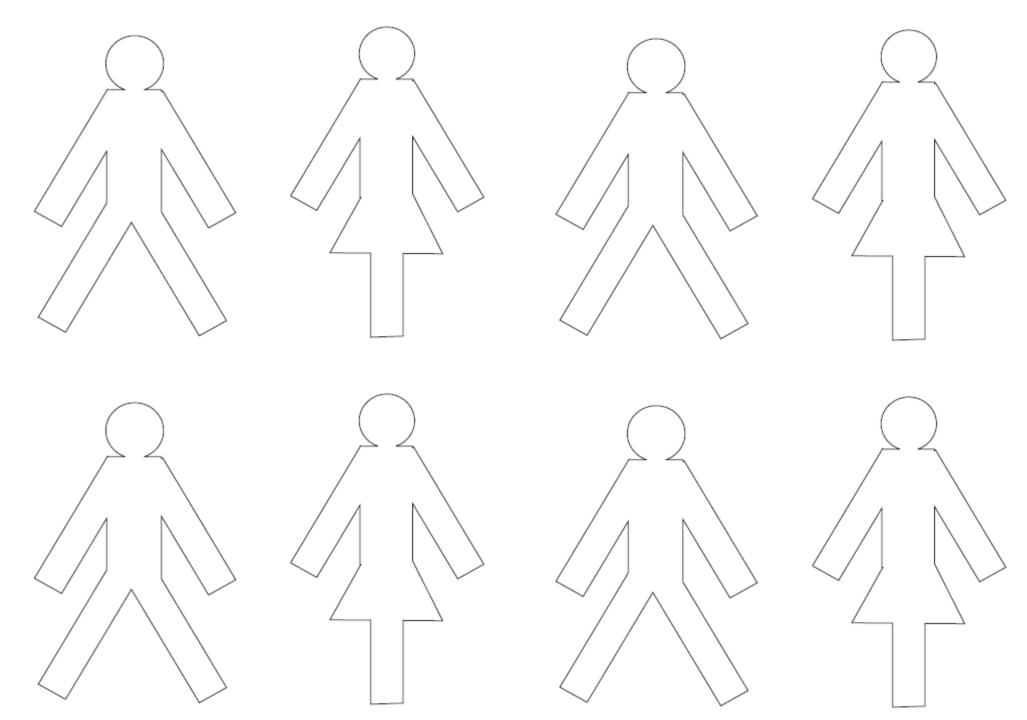
8. Remind yourself of this verse: Anyone who belongs to Christ is a new person. The past is forgotten, and everything is new. (2 Corinthians 5:17)

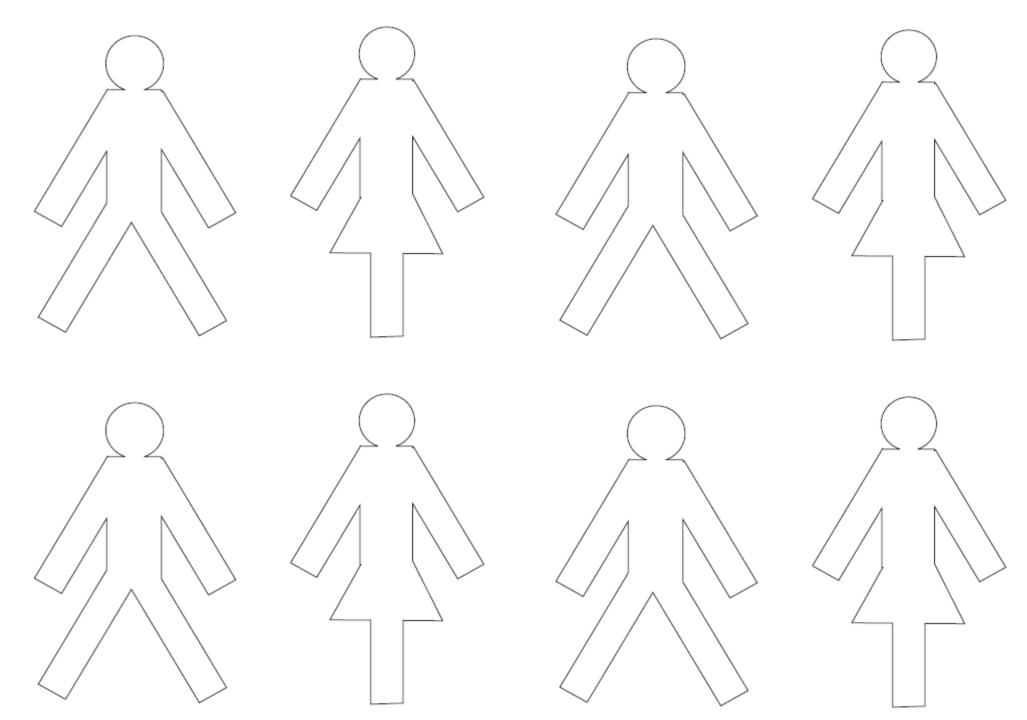












RECEIVING Guidance



1. You have ONE MINUTE to find where you are on the map and trace a path with your finger to where your home is located. Remember, you only have one minute. After that, move on whether you are finished or not.



2. Sometimes in life, time is not on our side and we are placed under pressure. Sometimes we get lost and we don't know which way to go or what to do. It is in those times that we need direction and help. If you don't ask for guidance it may take you longer to get where you need to be.



- 3. Do you have a guide in your life?
- Somebody who asks you how you are doing and actually listens.
- Somebody who helps you when you need them
- Somebody who tells you the truth instead of what is nice to hear
- Somebody who encourages you
- Somebody who loves God



 In your life, who could be your guide? Make a commitment to ask the person who came to mind to be your guide.



5. Prayer for Wisdom and Guidance: Father, I need Your help. I don't know what to do when it comes to (your problem). Please give me wisdom to handle myself in this situation. Give me the courage to do what you tell me. Thank you that you hear my prayers. Amen!