**Chat Friday Week 4 Program**

Welcome to Chat Friday

**Welcome:** Welcome to regulars and newcomers

**Prayer:** Let’s open our meeting in prayer.

Tonight is **#Drugs** night.

**Video:** Hancock Trailer. Get it on YouTube at: https://www.youtube.com/watch?v=SkX1VuXLRSc

**Quiz Time:** (1) Each group will be given a quiz about drugs. (2) You have to complete it as fast as possible. (3) You may use ONE Cell-Phone! (4) If you think you’re right, take it to the judge. (5) If the judge says it’s wrong, go back and try again. (6) The first team to get it right, wins!

(Note: See below in this document for the quiz and the answers.)

**Small Group Interaction:** (1) What did you learn from the quiz? (2) Have you, or someone close to you, taken drugs? (3) Why do you think people abuse drugs?

**Video:** A Pastor from Destiny church speaks about illegal drugs. Find the video on youtube: <https://www.youtube.com/watch?v=RiYK2QgMIM8>

**Small Group Interaction:** (1) What did you get out of the video? (2) The Bible says your body is a temple of God. What does this mean? “Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you received from God? You are not your own; you were bought at a price. Honour God with your bodies.” (1 Corinthians 6:19) (3) How can you help a friend who is addicted to drugs? (4) Pray that everyone in your group will be free from all forms of drugs, now and in the future.

**Announcements:** On Sunday mornings we are presenting The Victory Series.

**Announcements:** Next Friday it is #Death Night.

**Refreshments:** It is time for refreshments.

**The Drug Quiz**

1. What is the most commonly used illicit drug?

A. Marijuana

B. Heroin

C. Ecstasy

D. Cocaine

2. Which of these statements is true?

A. Drugs enhance your creativity

B. A drug may give you a temporary “high,” but when it wears off the crash is lower than before

C. Drugs will remove your fears and make life more pleasant

D. It takes years to become dependent on drugs

3. Many users have reported getting hooked on which drug after the first time they used it?

A. LSD

B. Ecstasy

C. Marijuana

D. Methamphetamine

4. What is meant by “tolerance” to a drug?

A. A person has continual cravings for the drug

B. Giving people the choice to take any drugs they wish

C. More and more of the drug is needed to produce the same high

D. The urge to try new types of drugs

5. What are some of the symptoms of drug dependence?

A. Increased heart rate

B. Depression and craving for more of the drug

C. Loss of appetite

D. Flashbacks

6. What does marijuana come from?

A. A root

B. A chemical

C. A plant

D. A mushroom

7. Which of the statements below is true?

A. Marijuana use makes people more eager to learn

B. Marijuana contains over 400 chemicals

C. Marijuana use helps athletes excel in sports

D. Marijuana use increases a student’s chances of passing exams

8. How can the use of marijuana lead to harder drugs?

A. People who use marijuana tend to experiment with other drugs

B. Marijuana users need other drugs to enhance the effects of weed

C. Because a marijuana user builds up a tolerance to marijuana, he or she seeks out stronger drugs to reach the same degree of high

D. A means of treating one’s addiction to marijuana is by taking other drugs

9. Some short-term effects of marijuana are:

A. Loss of coordination and distortions in the sense of time, vision and hearing

B. Improved academic achievement through increased memory and ability to solve problems

C. Decreased risk of heart attack

D. Improved endurance and physical performance in competition

10. Some long-term effects of marijuana are:

A. Resistance to flu and common colds

B. Damage to the lungs and the heart

C. Increase in productivity and sense of self-fulfillment

D. Anorexia and weight loss

11. Why is alcohol harder on teenagers than adults?

A. Because they tend to drink more

B. Because their bodies are still growing

C. Because they are underage

D. Because they can’t go to bars legally

12. A pregnant woman who drinks alcohol is likely to:

A. Have a difficult pregnancy

B. Have twins

C. Give birth to a baby with facial abnormalities, growth retardation and brain damage

D. Get divorced

13. When alcohol is taken with other drugs:

A. It lessens the effects of the other drugs

B. It is extremely dangerous and can be fatal

C. It lessens the effects of alcohol

D. It makes the effects of the other drugs last longer

14. Some short-term effects of drinking alcohol are:

A. Loss of judgment and coordination, slurred speech, memory and comprehension loss

B. Greater self-esteem and self-control

C. Sharper perceptions and faster reaction time

D. Engaging conversations

15. Some of the long-term effects of drinking alcohol are:

A. An even-tempered, down-to-earth approach to life

B. Liver damage and increased risk of heart disease

C. Obesity or extreme weight loss

D. Greasy hair or baldness

16. What makes Ecstasy dangerous?

A. It is made in unclean kitchen labs

B. You never know what’s actually in the drug

C. The different colors it comes in can be confusing

D. It makes users dance all night

17. How dangerous is it to take Ecstasy while drinking alcohol?

A. There is an increased risk of choking

B. You might vomit

C. You might fall asleep

D. It can be deadly

18. What are some of the short-term effects of Ecstasy?

A. Involuntary teeth clenching, false sense of affection, paranoia, confusion and blurred vision

B. Increased appetite, increased sense of self, increased strength and resistance to disease

C. Improved mental clarity and good judgment

D. Relaxed muscles and an inner peace

19. What are some of the long-term effects of Ecstasy?

A. Bloody nose

B. Upset stomach

C. Permanent brain damage and memory impairment

D. Lung damage

20. Where does cocaine come from?

A. A plant

B. Man-made in a lab

C. A mushroom

D. A rock

21. What happens when someone comes down from a cocaine “high”?

A. Nothing really happens

B. They are really tired

C. They become deeply depressed and may commit suicide

D. They feel happy and calm

22. What are some of the short-term effects of cocaine?

A. Paranoia, anger, hostility and anxiousness, even when they aren’t high

B. Restful sleep

C. Intense happiness

D. Decreased pulse and increased muscle tone

23. What are some of the long-term effects of cocaine?

A. Obesity and high blood pressure

B. Irritability, paranoia and auditory (hearing) hallucinations

C. Feeling cold all the time and a constant runny nose

D. Increased fertility

24. Some ways that chemical inhalants affect the body are:

A. Loss of hair and tooth decay

B. Heart beats slower and more regularly

C. Increase in muscle tone and strength

D. Loss of sense of smell, nausea and nosebleeds, as well as liver, lungs and kidney problems

25. What happens to a person’s heart rate after inhaling dangerous chemicals?

A. It slows down

B. It isn’t affected at all and doesn’t change

C. The heart beats irregularly and more rapidly

D. It beats more regularly

26. What is one of the greatest dangers of painkillers and similar drugs?

A. One of the ingredients is poisonous

B. Abusers frequently keep taking more of the drug while the earlier pills are still taking effect

C. They can cause nausea

D. You never know what they might be mixed with

27. Why are some drugs referred to as “depressants”?

A. They help a person come out of a depression

B. They eventually lead to depression

C. They are the opposite of antidepressants

D. They slow down or depress brain function and breathing

28. What are some of the side-effects of antidepressants?

A. Weight loss

B. A high body temperature

C. Violent or suicidal thoughts and actions

D. Liver or lung damage

29. What are some of the short-term effects of painkillers?

A. No short-term effects exist

B. High blood pressure

C. Constipation, sedation, vomiting and weakness

D. Heart attack and stroke

30. Which is a long-term effect of painkillers?

A. Addiction

B. Heart failure

C. Cancer

D. Brittle bones

**The Drug Quiz Answers**

1 A

2 B

3 C

4 C

5 B

6 C

7 B

8 C

9 A

10 B

11 B

12 C

13 B

14 A

15 B

16 B

17 D

18 A

19 C

20 A

21 C

22 A

23 B

24 D

25 C

26 B

27 D

28 C

29 C

30 A