## The Filling of the Holy Spirit

Ephesians 5:18 commands us to be filled with the Spirit. The verse is most accuately translated: "Go on being filled with the Spirit". Remember that the early disciples were filled on more than one occasion so being filled with the Spirit is not a one-time experience. If you want the Holy Spirit to fill you, then use these steps to receive His filling:

**Step #1: Express Your Need.** Tell God that you are feeling empty and that you need to be filled with his Holy Spirit.

**Step #2: Empty Your Self.** Tell God that you are willing to let everything that is not of Him go so that He can fill you fully!

**Step #3: Embrace The Spirit.** Ask the Holy Spirit to fill you and believe that he will do it!

## The Fruit of the Holy Spirit

Read each definition and ask the Holy Spirit to produce more of each fruit in your life:

1. Love is giving yourself unselfishly to others even if they don't deserve it.

2. Joy is being cheerful and pleasant despite your outward circumstances.

3. Peace is mental and emotional calmness in the midst of problems.

4. Patience is a willingness to wait without complaining in difficult situations.

5. Kindness is being concerned about people.

6. Goodness is doing good deeds for people.

7. Faithfulness is trustworthiness in all situations and with everything you have.

8. Gentleness is being humble rather than proud, rough or revengeful.

9. Self-control is being disciplined in all areas of your life.

## The Gifts of the Holy Spirit

Read these definitions and ask the Holy Spirit to lay one of the gifts on your heart and be open to receive it.

1. Administration: To provide practical support to leaders or ministries.

2. Discernment: To know if a message comes from God, man or Satan.

3. Encouragement: To share a word of encouragement with somebody.

4. Faith: To trust God in a situation that looks impossible

5. Giving: To give generously to meet needs around you.

6. Healing: To pray for the sick and see healing take place.

7. Helps: To help others reach their potential and achieve goals.

8. Leadership: To help people work together to do God's work.

9. Knowledge: To get understanding about a situation from God.

10. Mercy: To act compassionately toward people who are suffering.

11. Miracles: To perform supernatural acts to bring glory to God.

12. Prophecy: To share a message from God to build people up.

13. Service: To identify and meet the needs of people around you.

14. Teaching: To communicate Gods Word so others understand it.

15. Wisdom: To share wise insights so people know how to act.