**The Establish Book Session 6 Notes**

**Rewind:** Let’s rewind and review the past five Establish sessions.

**Session 1:** The first session we explored was about making Jesus Lord.

**Session 2:** The second session was about having daily devotions!

**Session 3:** The third session was about practising God’s presence.

**Session 4:** The fourth session was about living by faith.

**Session 5:** Last week we learnt aboutHandling Money Wisely! Here is what we learnt:

**1. God Owns Every Thing**

**2. Give To God First**

**3. Enjoy the Rest Wisely** – Spend some, give some, put some away and save some.

**Session 6:** This week we are looking at the sixth grow practise: **Becoming a Disciplemaker**!

P.Diddy has been looking for an apprentice! It became a reality show on VH1.

**Video:** “I Want To Work for Diddy” the show!

**Discuss:** If you could be an apprentice to anyone in the world who would you choose and why?

Jesus wants you to work for him, be his apprentice, be his disciple. No matter what job you do in life – doctor, lawyer, bank manager, movie star – Jesus wants you to be his apprentice (his disciple or his follower).

**The Apprentice:** The Original Show – let’s look back at what being a disciple meant for the first group of people that Jesus called to work with him.

**(1) He invited people to follow him and learn from him:** *Come follow me, and I will make you fishers of men*. (Mark 1:17)

**(2) He spent time growing them to spiritual maturity:** *He appointed twelve that they might be with him and that he might send them out to preach.* (Mark 3:14)

**(3) He sent them out to reach others:** *Go into all the world and preach the good news to all creation.* (Mark 16:15)

**As Christians we are Disciples!**

**(1) We Copy Jesus:** They want to be like Jesus. *Everyone who is well-trained will be like his teacher.* (Luke 6:40)

**(2) We Grow Spiritually:** They want to be like Jesus so they practise disciplines that help them grow to maturity: making Jesus Lord, having daily devotions, practising God’s presence, living by faith, handling money wisely and developing spiritual family!

**(3) We Make Disciples:** We cannot be a Christian without becoming disciplemakers! We have to reach out to people who have not been reached with the gospel.

**Video:** Matthew 28:18-20 - The Great Commission

The Great Commission is our call to make disciples! No matter what our job is – whether we are a football star, a postman, a rock star or a business person.

We make disciples by helping someone:

**Encounter** Jesus as Saviour,

**Connect** with other believers,

**Grow** to maturity in Jesus

**Reach** their friends for Jesus, and

**Influence** their world for Jesus.

**Video: Making Disciples** – Who first told you about Jesus? Who taught you to tell others? Who will you tell? Who will you teach? Here is a great definition of discipleship: *Walking with God and turning around to reach someone else who you did it.*

**Reflection:** Who are you helping on their faith journey?

**How do we make disciples of all nations?** What is our strategy? We have two options: Addition and Multiplication. **Activity:** Addition vs Multiplication exercise. We cannot fulfil the Great Commission of making disciples of all nations through addition – we have to use multiplication.

**Addition:** If I preach to 1000 people every day, it will take 16,435 years to reach the world.

**Multiplication:** If I reach 2 people in 1 year and send them out to reach and grow 2 disciples each, and so on, we will reach the world in 33 years.

**Video:** Penn – the Gift of a Bible. An atheist affirms a man who treated him with respect and gave him a Bible to try to proselytise him (that means to tell someone about your beliefs to influence them to accept them).

**Video:** Drowning Friend

**Poem: I Stay Near The Door** byDrSam Shoemaker

I stay near the door. I neither go too far in, nor stay too far out. The door is the most important door in the world. It is the door through which people walk when they find God. There's no use my going way inside, and staying there. When so many are still outside and they crave to know where the door is. So I stay near the door.

The most tremendous thing in the world is for people to find that door - the door to God. The most important thing any one can do is take hold of one of those blind, groping hands, and to put it on the latch. Nothing else matters compared to helping them find it, and open it, and walk in and find God. So I stay near the door.

Go in, great saints, go all the way in - go way down into the cellars, and way up into the attics - it is a vast, roomy house, this house where God is. Go into the deepest hidden places of withdrawal and silence. But realise that the people too far in do not see they are preoccupied with the wonder of it all. So I stay near the door.

I admire the people who go way in. But wish they would not forget how it was before they got in. Then they would be able to help the people who have not yet even found the door. You can go in too deeply, and stay in too long, and forget the people outside the door.

As for me, I take my old accustomed place, near enough to God to hear Him, and know He is there, but not so far from people as not to hear them, and remember they are there, too. Where? Outside the door - thousands of them, millions of them. But, more important for me, one of them, two of them, ten of them, whose hands I am intended to put on the latch. So I stay by the door and wait for those who seek it. I would rather be a doorkeeper. So I stay near the door.

**Challenge:** Jesus has called me to be a disciple who makes disciples!

Let’s get really practical: Here are some tools for disciplemaking that you can use:

**(1) Prayer:** you can pray for your disciple.

**(2) Friendship:** you can build a genuine friendship with your disciple.

**(3) Technology:** you can use different forms of technology to connect with your disciple: SMA, Mxit, email, Facebook, etc.

**(4) Kindness:** you can look for ways to meet the needs of your disciple.

**(5) Testimony**: you can use your story of how you came to know Jesus and how he changed your life.

**(6) Booklets:** you can use a booklet with your disciple suited to where they are at spiritually.

**(7) Events:** you can bring your disciple to an event that is suited to where they are at spiritually.

**Becoming a Disciplemaker:** (1) Accept the call, (2) Find a disciple, (3) Start to disciple, (4) Use the tools.

**Homework:** Do Practise 6 in the Establish book.