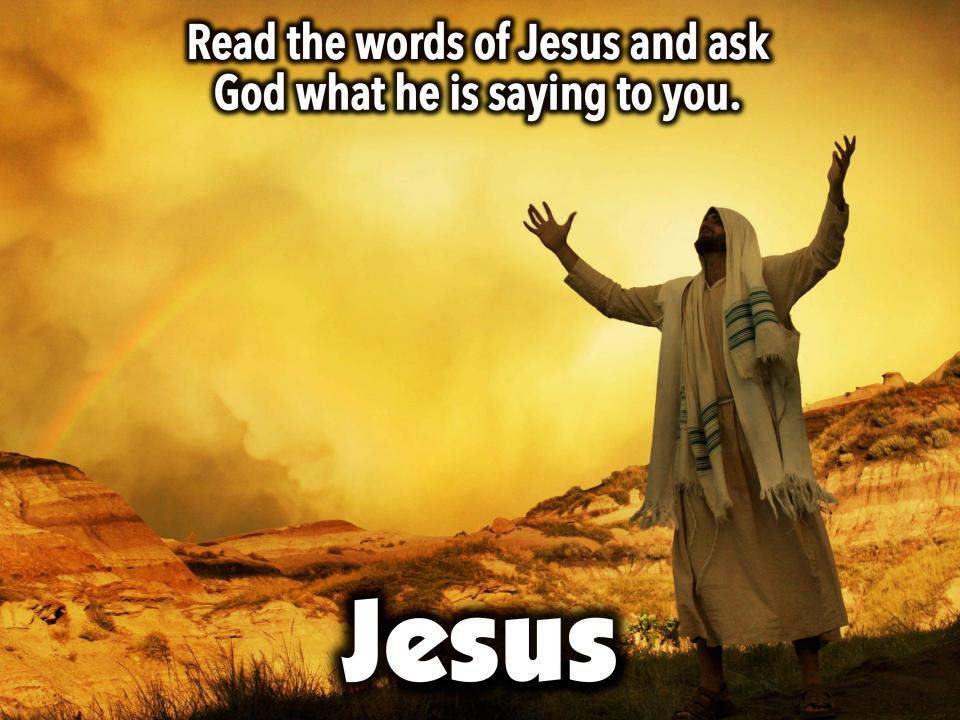


The Lord is my shepherd; I have all that I need. He lets me rest in green meadows; he leads me beside peaceful streams. He renews my strength. He guides me along right paths, bringing honor to his name. **Even when I walk** through the darkest valley, I will not be afraid, for you are close beside me. Your rod and your staff protect and comfort me. Psalm 23:1-4



## Jesus said:

This is my commandment: Love each other in the same way I have loved you. There is no greater love than to lay down one's life for one's friends. You are my friends if you do what I command. I no longer call you slaves, because a master doesn't confide in his slaves. Now you are my friends, since I have told you everything the Father told me. You didn't choose me. I chose you. I appointed you to go and produce lasting fruit, so that the Father will give you whatever you ask for, using my name. This is my command: Love each other. (John 15:12-17)

## Ask God to speak to you and write down the flow of thoughts that come to mind.







Reflect on a decision you are making and see if you have peace in your heart about it.



Sit in silence for a few minutes and ask God to speak to you through the silence.

