**Hostel Week 8**

**Theme:** Overcoming Temptation

So the main idea of the evening is that we will always face temptation but we can learn from the success and failure of Bible characters like Joseph and David to not fall when tempted.

**Program Outline:**

Welcome: Cheru (6:45)

Game 1: Matt (18:50 – 19:00)

Game 2: Simon (19:00 – 19:10)

Game 2: Mark (19:10 – 19:20)

Group Time: Cheru (19:20 – 19:45)

Wrap Up: Simon (19:45-19:50)

Prayer: Matt (19:50-19:55)

**Welcome** (Cheru)

Hi all, we hope that you have had a great week... let’s open in prayer.

**Game 1: Over Under Relay** (Matt)

Divide into four equal sized groups. Have each team line up from the front to the back of the hall. Give each team a ball. On “Go” the front person passes the ball over their head to the person behind them and that person passes the ball through their legs to the person behind them, etc etc. The last person has to get the ball and run to the front of the group and pass the ball over their head to the person behind them. When everyone has had a turn to run to the front of the group the team sits down. The winning team is given a prize (fizzers).

**Game 2: Peg Me** (Simon)

Give five pegs to each person. Say: In the game we're about to play, it's important to follow the rules:

1. On "go," move around the room and clip one peg at a time to someone else's clothes. You may only do one at a time and on one person at a time.

2. When you've placed all your pegs, you can remove pegs from your clothes one at a time and peg them on someone else.

3. Don't block someone else from putting a peg on you. You may move out of the way, but using your hands to block someone from pegging you is against the rules. When I call "time," stop where you are.

During the game, don't enforce the rules. After five minutes, call time. Have them count their pegs. Then have them line up according to the number of pegs they have on their clothes and in their hands.

Ask:

\* Did you like this game? Why or why not?

\* If you weren't doing well, were you tempted to cheat? Explain

\* What were some ways people might've cheated?

\* What might motivate someone to cheat?

\* What might motivate someone to avoid the temptation to cheat?

\* How is this game like other instances when people are tempted?

Say: Temptation is something we face daily. Do we cheat on the test or suffer the consequences of not studying? Do we yell at our brother or sister? Do we accept the beer we're offered, even though we know we shouldn't?

**Game 3: Raid the Cave** (Mark)

Use masking tape to mark off the bear’s cave: a 3x3meter area in the middle of the room.

Place a knotted rag (the treasure) in the center of the cave. Have a volunteer be the "bear" who'll guard the treasure. The rest of the learners must try to swipe the treasure without being tagged by the bear. The bear may not pick up the treasure. People tagged inside the cave must freeze where they are. The person who gets the treasure becomes the next bear. If no one gets the treasure within two minutes, the bear wins and a new bear is picked.

Explain the game. Then play for five minutes. When time is up, regroup for a discussion.

Ask:

\* How'd you feel as you played this game? Explain.

\* What risks did you take in this game?

\* How are those risks like the risks we take when we give in to temptation?

\* Did you choose to race right in or wait outside the cave for the right opportunity? Explain.

\* Did you enjoy the risks in this game? Explain.

\* How is the way you played this game like the way you face risk in everyday situations?

Say: Sometimes, the risks associated with temptation seem minor. But when we give in to temptation, we're risking more than being tagged in a game.

Ask: What are risks associated with temptations you face in real life?

Say: To understand and overcome temptation, we are going to look at two Bible stories.

**Small Group Time** (Cheru)

We will divide the guys into smaller groups, and then hands out the sheet with the stories and verse. Tonight we are looking at two bible stories: Joseph and Potiphar’s wife and David and Bathsheba to see what we can learn about dealing with temptation in our lives:

**Joseph and Potiphar’s Wife (Genesis 39)**

Now Joseph had been taken down to Egypt and Potiphar, an Egyptian official bought him. When Potiphar saw that the Lord was with Joseph and gave him success in everything he did, Potiphar put him in charge of his household, and entrusted everything he owned to his care - and the Lord blessed the household because of Joseph. Potiphar left everything he had in Joseph’s care and he did not concern himself with anything except the food he ate. Now Joseph was well-built and handsome, and after a while his master’s wife took notice of Joseph and said, “Come to bed with me!” But he refused. “With me in charge,” he told her, “my master does not concern himself with anything in the house; everything he owns he has entrusted to my care. No one is greater in this house than I am. My master has withheld nothing from me except you, because you are his wife. How then could I do such a wicked thing and sin against God?” And though she spoke to Joseph day after day, he refused to go to bed with her or even be with her. One day he went into the house to attend to his duties, and none of the household servants was inside. She caught him by his cloak and said, “Come to bed with me!” But he left his cloak in her hand and ran out of the house.

1. Why do you think the temptation was really tough to handle?

2. What helped Joseph to have victory over temptation?   
3. What did Joseph do when he was tempted?

**David and Bathsheba (2 Samuel 11)**

In the spring, at the time when kings go off to war, David sent Joab out with the king’s men and the whole Israelite army. They destroyed the Ammonites and besieged Rabbah. But David remained in Jerusalem. One evening David got up from his bed and walked around on the roof of the palace. From the roof he saw a woman bathing. The woman was very beautiful, and David sent someone to find out about her. The man said, “She is Bathsheba, the daughter of Eliam and the wife of Uriah the Hittite.” Then David sent messengers to get her. She came to him, and he slept with her. Then she went back home. The woman conceived and sent word to David, saying, “I am pregnant.”

1. Why do you think the temptation was really tough to handle?

2. What helped David get defeated by temptation?

3. What did David do when he was tempted?

**Application:**

1. What temptations do you think you will face in the coming weeks?

2. What have you learnt from Joseph and David that will help you deal with temptation in your life?

3. How can this verse help us deal with temptation? *The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure.* (1 Corinthians 10:13)

**Wrap Up** (Simon)

Bring the guys to the front again and ask a few of them to share what came out of the group time, maybe something really resonated with them or God Spoke to them. Give that place to allow them to share in a safe environment. Challenge them to look out for temptations during the break but to also look for the escape route that God provides.

**Closing Prayer** (Matt)

Close the evening off in prayer.

**Needed:**

Knotted rag

1 roll of masking tape

4 balls for the relay

Prizes for the relay (24 fizzers)

400 Pegs (5 per person) (Makro sells packs of 60 for R30 - get 7 packs)