**TV Series Week 8 Program**

**Pre-event Videos:** (1) ‘Put a Little Love in Your Heart,’ from The Flash. Get it on YouTube at: <https://www.youtube.com/watch?v=Jdq42pasVyo> (2) ‘Super Friend,’ from The Flash. Get it on YouTube at: <https://www.youtube.com/watch?v=cExgK8VWCw8>

**Welcome:** Welcome to regulars and newcomers

**Prayer:** Let’s open our meeting in prayer.

**Announcements:** (1) Like us on Facebook to keep up to date with the latest news. (2) Follow us on Instagram! (3) Please put your praise and requests in the box! (4) Join our Friday Night WhatsApp Group for regular updates. (5) Join us this Sunday for our God Series, we’ll be discussing the question, “Does God Restore?” (6) Next week Friday is our Break-up party, don’t miss it!

**Video:** The Flash Trailer. Find it on Youtube at: <https://www.youtube.com/watch?v=Yj0l7iGKh8g>

Divide into 6 equal sided teams.

Here are our challenges for this evening:

**1. Speed Greeting:** (1) When told to begin, stand up. (2) Give as many high fives as you can. (3) You must high five someone new each time. (4) You only have a minute.

**2. Speed Jumping:** (1) Send someone from your group to the stage. (2) They will have to do as many jumping jacks as possible. (3) If they slow down, they will be out. (4) The last person standing wins.

**3. Speed Drinking:** (1) Send someone from your group to the stage. (2) They will have to drink a Soft Drink as fast as possible. (3) The first person to finish the drink wins.

**4. Speed Typing:** (1) Send someone from your group to the stage. (2) They will have to type the paragraph as fast as possible. (3) The first person to finish wins.

**5. Speed Hoola-Hooping:** (1) Send someone from your group to the stage. (2) They will have to spin their Hoola-Hoop. (3) The person who can spin the hoop for the longest wins.

**6. Speed Storytelling:** (1) Each person at your table will be given TWO minutes to tell a story. (2) You cannot stop talking during the 2 minutes. (3) As a group decide on the best story from your table, and send that storyteller to the stage. (4) The best storyteller from each group will get a chance to tell their story from the stage. (5) They will also only have 2 minutes each. (6) The best story wins.

**Small Group Time:** (1) What was your highlight of tonight? (2) In what ways is it dangerous to be constantly busy? (3) When is it important to slow down? Be still before the Lord and wait patiently for him (Psalm 37: 7a). (4) Pray that you’ll be able to make time to spend with the Lord.

**Refreshments:** It is time for refreshments.