

7 Finding Your God

THE TREASURE HUNTERS SERIES

Spiritual Style Test

To discover how you naturally and best find and connect with God you will complete this worksheet. Score each statement as follows:

- 4 is Very true
- 3 is Often true
- 2 is Sometimes true
- 1 is Rarely True
- 0 is Never True

1. Taking a stand for what is right in this world and opposing what is wrong causes me to draw closer to God.	4 3 2 1 0
2. I would enjoy having several hours to be alone in silent prayer.	4 3 2 1 0
3. I sense God's pleasure when I am caring for others, e.g., helping a friend who's in need.	4 3 2 1 0
4. I love Sundays mornings when the band starts to worship and always find that the worship time is over too soon!	4 3 2 1 0
5. When I study essential doctrines of the faith I am drawn closer to God.	4 3 2 1 0
6. I usually feel closest to God when I am out in nature.	4 3 2 1 0
7. I find pleasure in worshipping God when I look at a painting or a stained glass window in a church.	4 3 2 1 0
8. The suffering and evil in this world really bothers me and we need to get people to do something about it.	4 3 2 1 0
9. Praying alone or worshipping God in silence is usually more meaningful to me than seeking Him in a group setting.	4 3 2 1 0
10. Being a caring servant of God who puts faith into action is very important to me.	4 3 2 1 0
11. During worship at church, we need to express our enthusiasm in song rather than chatting with our friends.	4 3 2 1 0
12. I love reading books that challenge me to think more deeply about my faith.	4 3 2 1 0
13. I love experiencing God as I sit beside a stream, walk outdoors, or see His handiwork in nature.	4 3 2 1 0
14. When I enter a beautiful church, the beauty around me increases my passion for God.	4 3 2 1 0
15. When I read about someone working to change unjust conditions in the world, my love for God is stirred.	4 3 2 1 0
16. When I am alone with God, I feel closer to Him, since I can most best focus on His presence in quiet settings.	4 3 2 1 0
17. I am saddened when I see Christians just ignoring a neighbor or a family member in need.	4 3 2 1 0
18. I get goose bumps when we gather to worship each week and would not miss it for all the world!	4 3 2 1 0
19. Knowing the truth and having a mind focused on "right thinking" is very important to me.	4 3 2 1 0
20. I would love it if our church met for worship in park or next to a river.	4 3 2 1 0
21. My best part of church is the communion service or water baptism or other parts with a sense of mystery.	4 3 2 1 0

Spiritual Style Scores

Transfer your scores from the previous page and add up your scores to find what your top 3 spiritual styles are.

Activist	1 _____	8 _____	15 _____	Total _____
Contemplative	2 _____	9 _____	16 _____	Total _____
Caregiver	3 _____	10 _____	17 _____	Total _____
Enthusiast	4 _____	11 _____	18 _____	Total _____
Student	5 _____	12 _____	19 _____	Total _____
Naturalist	6 _____	13 _____	20 _____	Total _____
Sensate	7 _____	14 _____	21 _____	Total _____

My Top Spiritual Styles are:

1.

2.

3.

Understanding the 7 Spiritual Styles

1. The **Activist** finds God through Battling with Evil. They have a strong desire to see evil confronted and good prevail, no matter what the cost and they fight for righteousness and speak prophetically against wrong.

2. The **Caregiver** finds God through Service to People. They meet people's practical needs almost before being asked and experience God's pleasure as they serve.

3. The **Contemplative** finds God through Times of Silence. They consider their first work as adoring God, are at home with mystery, and need to spend extended time with God gazing into his face as they speak the language of lovers.

4. The **Enthusiast** finds God through Worship with Others. They love God expressively, and feel closest to God when gathering with others to sing and worship in the congregation.

5. The **Student** finds God through Engaging the Mind. They love God with their intellect, seeing faith as something to be understood as much as experienced, and they gravitate toward challenging books and workshops that discuss theology and other deep topics.

6. The **Naturalist** finds God through Encounters in Nature. They feel closest to God when surrounded by nature, they come alive in God's natural splendour, and experience an increase in their awareness of God when they are surrounded by God's beauty.

7. The **Sensate** finds God through Using their Senses. They get lost in the awe and majesty of God, and are drawn to him through intricate architecture, classical music, incense, icons, stained glass or paintings with spiritual themes.