Spiritual Style Test

To discover how you naturally and best find and connect with God you will complete this worksheet. Score each statement as follows:

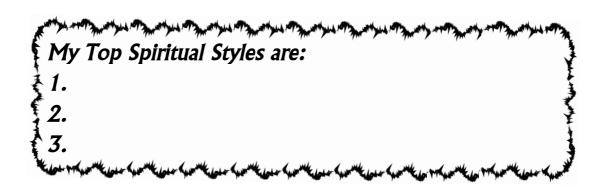
- 4 is Very true
- 3 is Often true
- 2 is Sometimes true
- 1 is Rarely True
- 0 is Never True

1. Taking a stand for what is right in this world and opposing what is wrong causes me to draw closer to God.	43210
2. I would enjoy having several hours to be alone in silent prayer.	43210
3. I sense God's pleasure when I am caring for others, e.g., helping a friend who's in need.	43210
4. I love Sundays mornings when the band starts to worship and always find that the worship time is over too soon!	43210
5. When I study essential doctrines of the faith I am drawn closer to God.	43210
6. I usually feel closest to God when I am out in nature.	43210
7. I find pleasure in worshiping God when I look at a painting or a stained glass window in a church.	43210
8. The suffering and evil in this world really bothers me and we need to get people to do something about it.	43210
9. Praying alone or worshiping God in silence is usually more meaningful to me than seeking Him in a group setting.	43210
10. Being a caring servant of God who puts faith into action is very important to me.	43210
11. During worship at church, we need to express our enthusiasm in song rather than chatting with our friends.	43210
12. I love reading books that challenge me to think more deeply about my faith.	43210
13. I love experiencing God as I sit beside a stream, walk outdoors, or see His handiwork in nature.	43210
14. When I enter a beautiful church, the beauty around me increases my passion for God.	43210
15. When I read about someone working to change unjust conditions in the world, my love for God is stirred.	43210
16. When I am alone with God, I feel closer to Him, since I can most best focus on His presence in quiet settings.	43210
17. I am saddened when I see Christians just ignoring a neighbor or a family member in need.	43210
18. I get goose bumps when we gather to worship each week and would not miss it for all the world!	43210
19. Knowing the truth and having a mind focused on "right thinking" is very important to me.	43210
20. I would love it if our church met for worship in park or next to a river.	43210
21. My best part of church is the communion service or water baptism or other parts with a sense of mystery.	43210

Spiritual Style Scores

Transfer your scores from the previous page and add up your scores to find what you top 3 spiritual styles are.

Activist	1	8	15	Total
Contemplative	2	9	16	Total
Caregiver	3	10	17	Total
Enthusiast	4	11	18	Total
Student	5	12	19	Total
Naturalist	6	13	20	Total
Sensate	7	14	21	Total



Understanding the 7 Spiritual Styles

- 1. The **Activist** finds God through Battling with Evil. They have a strong desire to see evil confronted and good prevail, no matter what the cost and they fight for righteousness and speak prophetically against wrong.
- 2. The **Caregiver** finds God through Service to People. They meets people's practical needs almost before being asked and experience God's pleasure as they serve.
- 3. The **Contemplative** finds God through Times of Silence. They consider their first work as adoring God, are at home with mystery, and need to spend extended time with God gazing into his face as they speak the language of lovers.
- 4. The **Enthusiast** finds God through Worship with Others. They love God expressively, and feel closest to God when gathering with others to sing and worship in the congregation.
- 5. The **Student** finds God through Engaging the Mind. They love God with their intellect, seeing faith as something to be understood as much as experienced, and they gravitate toward challenging books and workshops that discuss theology and other deep topics.
- 6. The **Naturalist** finds God through Encounters in Nature. They feel closest to God when surrounded by nature, they come alive in God's natural splendour, and experience an increase in their awareness of God when they are surrounded by God's beauty.
- 7. The **Sensate** finds God through Using their Senses. They get lost in the awe and majesty of God, and are drawn to him through intricate architecture, classical music, incense, icons, stained glass or paintings with spiritual themes.