Addictions

Tick the box to the right of each item as it applies to you:

Safe: It never was and is not a struggle now

Past: It was a struggle in the past but is not anymore

Now: It is a current or recurring problem

$\overline{\mathbf{V}}$ Safe Past Now Alcohol Drugs П Computers Video Games Food Gambling Nicotine Television Social Media Magazines П П Pornography Self-mutilation Shopping Other:

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	\checkmark	Safe	Past	Now
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Drugs				
Computers				
Video Games				
Food				
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Social Media				
Magazines				
Pornography				
Self-mutilation				
Shopping				
Other:				