

#### How to Get into God's Word:

- 1. Read:** Choose a Psalm or Gospel and read slowly.
- 2. Reflect:** Summarise the passage in your own words.
- 3. Apply:** Read the passage again and ask questions.
- 4. Pray:** Ask God to help you apply what you have learnt.
- 5. Live.** Put what you have learnt into practice.

**Practice:** Read Psalm 1

*Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, but whose delight is in the law of the Lord, and who meditates on his law day and night. That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither - whatever they do prospers. Not so the wicked! They are like chaff that the wind blows away. Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous. For the Lord watches over the way of the righteous, but the way of the wicked leads to destruction.*

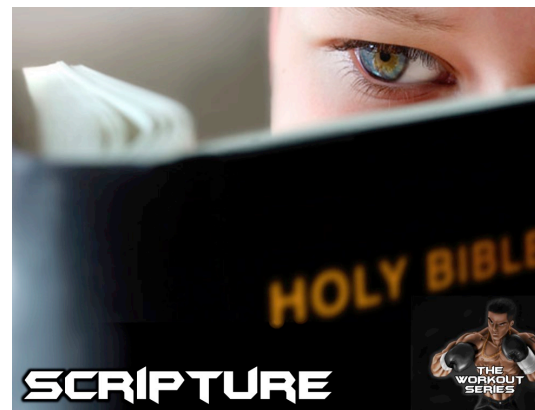
(1) Sin to Avoid?

(2) Promise to Claim?

(3) Example to Follow?

(4) Command to Obey?

(5) Knowledge to Gain?



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